

Isaiah 40:31 But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint.

וְקוֹי יְהוָה יִחְלִיפוּ כַח יַעֲלוּ אֲבָר כְּנִשְׂרָיִם
 יְרוּצוּ וְלֹא יִיָּגְעוּ יִלְכוּ וְלֹא יִיָּעֲפוּ:

v'-qo-ye YHVH ya-kha-li-fu ko-akh ya-a-lu e-ver khag-sha-rim
 ya-ru-tzu v'-lo yi-ga-u yel-khu v'-lo yi-a-fu

Hebrew	Trans	KJV	#	Meaning (Gesenius)
וְקוֹי	v'-qo-ye	But they that wait	6960	To twist, to bind; Hence – To be strong, robust (for the notion of binding fast, tying fast, is applied to strength). To expect, to await (perhaps from enduring, remaining, which differs but little from the notion of strength). See my note at the bottom.
יְהוָה	YHVH	upon the LORD	3068	The proper name of God (Yahweh).
יִחְלִיפוּ	ya-kha-li-fu	shall renew	2498	To slip, to glide, spoken of the swift motion of anything smooth, the primary idea being that of smoothness and slipperiness, as of fat things. To come on or up; hence to revive or flourish as a plant. Figuratively, Hab 1:11, “then his spirit revives.” In short, renewing their strength will come easily.
כַּח	ko-akh	<i>their</i> strength	3581	Strength, power, might. Of men, of animals. Used of the power of God. The ability, power of doing anything. Substance, wealth, riches. Root (ka-khakh) To pant, (compare the roots of similar sound, which also are onomatopoeic, hence, to exert one's strength, whence – strength, power.

Hebrew	Trans	KJV	#	Meaning (Gesenius)
יַעֲלוּ	ya-a-lu	they shall mount up	5927	To go up. To be high, lifted up, also to go up. It is very often used in speaking of those who go from a lower region towards a higher.
אֵבֶר	e-ver	with wings	83	A wing feather, with which birds soar, such as that of the eagles; the dove. It is distinguished from the wing itself.
כַּנְּשָׁרִים	khag-sha-rim	as eagles	5404	Eagle To the eagle itself, which often changes its feathers, just as a serpent its skin, we must refer the words, Ps. 103:5, "so that thy youth is renewed like the eagle's."
יָרוּצוּ	ya-ru-tzu	they shall run	7323	To run. Ps 119:32, "I will run in the way of thy commandments," I will carefully walk in them. Hab. 2:2, "that he who readeth may run," may read without difficulty. Runners – the horsemen, warriors of the Persian kings, whose business it was to carry the royal mandates to the provinces. The guard, and royal messengers of the Hebrews in the time of Saul.
וְלֹא	v'-lo	and not	3808	and not
יִיגָעוּ	yi-ga-u	be weary	3021	To labor, especially with effort and toil, and so as to become weary. To be fatigued, wearied out. See my not below.

Hebrew	Trans	KJV	#	Meaning (Gesenius)
יֵלְכוּ	yel-khu	shall walk	1980	To go, to walk, to go along; boundaries. It is to go through or over a place. To go with, to have conversation with. To go after anyone, to follow him, go after, i.e. to worship. To walk, i.e. to live, to follow any manner of life. To follow anyone's footsteps, to imitate him in life and manners, hence "to follow the precepts of God." It is the way you live your life.
וְלֹא	v'-lo	and not	3808	and not
יֵעָפוּ	yi-a-fu	not faint	3286	To go swiftly, to run. To be fatigued, wearied out or with heavy labor, or with grief.

NOTES:

6960 – The image behind this word is of a rope. Each individual strand is weak and easy to break, but the tighter the strands are twisted together and the more strands there are, the stronger the rope. The Western idea of waiting is to sit and do nothing, but the Hebraic idea is to twist and bind something together increasing its strength. Put in another way, waiting on God is an active process where by we twist and bind our lives together with His. The more we interact with Him and the more we know about Him (via the scriptures) the stronger we become.

3021 Is from the idea of working yourself into total exhaustion. In this case, we see that the work the person puts into waiting on God should not be hard or exhausting. When we do things (works) to please or get closer to God, we will feel the strain. When we do works as a result of getting closer to Him, it will be easy.

Eagles fly high above all other birds. They can see things that other animals cannot. They are proud, powerful, feared and beautiful. They can see fire and storms coming from far away. They can see food from far off.

Humans don't grow wings and fly. When we can see the WHOLE picture, we do not worry about the storms because we can see the end if we fly high enough. We don't worry about the food because we can see it from so far away. When we twist and bind our lives together with God, we see the big picture and do not worry or want for anything. If we know that God is in control, then we do not get scared when things go wrong because we know how they will turn out.

TRANSLATION:

Those who twist and bind their lives together with God will regenerate their strength with ease. They will soar high above the low places as if they had wings like eagles. They will be renewed and regenerated and will be able to see the big picture. They will move fluidly and with ease in their walk with Him without becoming exhausted. They will live their lives with Him and never tire of their relationship.