

Psalm 40:2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, *and* established my goings.

וַיַּעֲלֵנִי מִבּוֹר שְׁאוֹן מִטֵּיט הַיְוֹן וַיָּקֶם עַל-סֵלַע רַגְלִי כּוֹנֵן אֲשֶׁרִי

va-ya-a-le-ni mi-bor sha-on mi-tit ha-ya-ven va-ya-qem al—se-la rag-lai ko-nen a-shu-rai

Heb	Trans	KJV	#	Meaning
וַיַּעֲלֵנִי	va-ya-a-le-ni	He brought me up	5927	To go up, to be high, lifted up, also to go up. It is very often used in speaking of those who go from a lower region towards a higher.
מִבּוֹר	mi-bor	pit	953	A pit; specially a cistern. Cisterns without water were used for prisons. Hence – a prison. Sepulcher. Of frequent occurrence is the phrase, “those who go down to the sepulcher,” i.e. the dead.
				Explain prison: Well/cistern Crushing the ribs The mire was excrement
שְׁאוֹן	sha-on	also out of an horrible	7588	Hades, a subterranean place, full of thick darkness, in which the shades of the dead are gathered together, and to which are attributed both valley and gates. Hell, purgatory, a hollow and subterranean place.
מִטֵּיט	mi-tit	clay	2916	Clay, soil, mud, mire, clay collected in the bottom of a pond.
הַיְוֹן	ha-ya-ven	out of the miry	3121	Mire of clay Root (ya-van) – appears to have had the sense of boiling up, or bubbling up, being in ferment, wine, to boil up, to ferment.
וַיָּקֶם	va-ya-qem	and set	6965	To arise, from a seat, from a bed, to stand.
עַל-סֵלַע	al— se-la	upon a rock	5553	A rock, Metaphorically, God is called anyone’s rock, i.e. his refuge, where he is safe from foes.
רַגְלִי	rag-lai	my feet	7272	feet

Heb	Trans	KJV	#	Meaning
כִּוְנֵן	ko-nen	and established	3559	To stand upright; to exist, to be. Piel – to set up, to erect, properly, to set upright, as a throne, hence, to confirm, to establish, to maintain. To found, as a city, the earth, heaven. To direct, as arrows. To create, to form, used of God with regard to man; the moon and stars. To be established (used of one's steps). To be prepared.
אֲשֵׁרִי	a-shu-rai	my goings	838	A step, Metaphorically, steps are said to follow the footprints of God, and, on the other hand, to totter, to slide in reference to virtue and religion; would be a misstep.

TRANSLATION:

He took me by the hands and lifted me up out of a deep pit, the prison that I was in, a prison of death, a prison in the depths of hell, surrounded by a thick darkness, the darkness of death. And He pulled my feet out of the boiling fermented excrement and stood me up on a rock, which was His refuge, a place that is safe from my foes. He stood me upright, prepared and established my steps, and so that I would no longer totter He revealed Himself to me so that I could follow His footprints.

Jeremiah 31:34 And they shall teach no more every man his neighbour, and every man his brother, saying, Know the LORD: for they shall all know me, from the least of them unto the greatest of them, saith the LORD: **for I will forgive their iniquity, and I will remember their sin no more.**

כִּי אֶסְלַח לְעֹנָם וּלְחַטָּאתָם לֹא אֶזְכֶּר-עוֹד

ki es-lakh la-a-vo-nam u-l'-kha-ta-tam lo ez-kar—od

Heb	Trans	KJV	#	Meaning
כִּי	ki	for	3588	For, because
אֶסְלַח	es-lakh	I will forgive	5545	To pardon, to be merciful, and to show one self gentle. The primary idea seems to be that of lightness, lifting up.
לְעֹנָם	la-a-vo-nam	their iniquity	5771	Perversity, depravity; hence – a depraved action, a crime, a sin. Job 31:11, “a crime to be punished by the judges,” Job 19:29, “crimes to be punished by the sword.” Eze 21:30, “crime of end,” i.e. which brings an end or destruction. Root (a-vah/5753) – To bend, to curve, to twist, to distort. To act perversely, to sin.
וּלְחַטָּאתָם	u-l'-kha-ta-tam	and their sin	2403	A miss, misstep, slip with the foot, sin. Root (ha-ta/2398) – To miss, to err from the mark, speaking of an archer (the opposite idea to that of reaching the goal, to hit the mark), of the feet, to make a false step, to stumble, to miss the mark, opposite to hit the mark. To sin (to miss or wander from the way, or to stumble in the path or rectitude). To become liable to a penalty or forfeiture of something by sinning.
לֹא	lo	no		No, not

While it is true that God cannot forget, it is more important that we understand that our God, the God who shows Himself merciful; the God who pulls us out of our pit and places our feet on a rock; refuses to remember!

If we are to follow our Lord like dear children; then we should learn that, while we may never forget something; we can refuse to remember it. Refuse to bring it back to mind, refuse to recollect it, and refuse to dwell on it.

I heard Dr. Phil say that, "we don't want to forgive people because we feel like we are letting them off the hook; but the truth is that when we forgive them, we are letting ourselves off."

There are things that we cannot forget because of the physical scars that are left behind or the loss of something or someone who will never return but if we refuse to let go, we become imprisoned by it.

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